# Higher Self Will Alignment™



Both levels of Higher Self Will Alignment attunements in this manual are for anyone. For those who are Reiki or Seichim Teachers level 2 confers upon them the right to pass this attunement onward to others. Channeled and manual written by Mariah Windsong Napieralski Couture, July 22<sup>nd</sup>, 2014

Higher Self Will Alignment assists to bring your higher self's will into alignment with your conscious choices and priorities here in this reality.

You, that is to say, your personality and beingness here in this body have made choices. You have grown and made decisions in your life. You have priorities which may differ from what your higher self would choose.

So many people are reaching for their higher self. Speaking of it as if by the word "higher" that means lofty and "knows better" than you. I dare say that it only means that it has a viewpoint that is from the positioning of a previous set of instructions that were granted when you arrived into this body. Its directive may be more in accord with your Source, but not always.

I have seen so many people's whose lives are in chaos with change occurring in areas they do not want, after asking their higher self for help.

Your higher self is going on instructions from your Soul...but from when?

I do not believe that the higher self gets updated every time you make a decision here in this reality. I wish it did but I am of the belief that we have to update our higher self-consciously in regards to our priorities if we are to be asking it to help! Otherwise the help granted could be in accord with our soul's overall purpose for our life but not appropriate for how you are steering your life at this time!

Many people feel that the higher self has better access to Divinity. They speak of the higher self as more pure and ripe with abilities that have not drifted down to you here in your body.

Yes, your higher self, in my opinion is closer to the compilation of your various aspects of your soul. It is the differentiation of the you that you were intended to be when you were born or dropped into/walked into the body you are in now.

Your higher self does have access to your life/soul contract for this lifetime. Does it not make sense that if you have made changes in the direction you want your life to go while here on Earth in this body, that you need to bring the will of your higher self into alignment with the changes you have made?

Since your higher self works with your guides and guardians in the Light of Eternal Sacred Source, then it makes sense to bring it in on your idea for a delightful life here on Earth. I am not saying that there is nothing to be gained from asking your higher self for help. It definitely is wise. Good wisdom to be gained from communication with it. However, it is likely directing you from the guidebook made upon your incarnation, without the various updates that you, a sovereign being of eternal life, love and light has made since your incarnation.

Time for an update so both of you are in accord. Many people are at a place where they want to know why they are here and what they are to do with this life. If you are feeling a lack of communication with the higher part of who you are, this Higher Self Will Alignment will help you. It can work both ways, to bring you in accord with your Divine Plan if you haven't forged a life plan for yourself that is more appropriate than what you showed up on planet Earth with.

Generally there is some give and take with this getting into alignment with your higher self. I am simply trying to be sure that people don't give up their sovereignty for an outdated plan just because the word "higher" or closer to your soul, makes them feel like they have to give way to the initial plan for their lives.

Value yourself and what you've made of yourself since you've been here on Earth enough to stand up for what you intend to do and experience while here. There is no reason to give up your own passion and service on topics that you are interested in, just because you and your guides and soul had a different idea before you incarnated.

Some of us have been in a body before. Some of us have not. Some of our guides and angels and guardians have been in a body before, some have not. Some of us humans and our guardians have been on planet Earth in a body before, some of us have not.

This means that, the plan for your life was co-created not just by Eternal Sacred Source, but also by the various spiritual beings who care about us, including yourself. Eternal Sacred Source seems to like to give creative license in these matters. In other words, knowing the future Divinity doesn't override the will of our soul or the helping healing ones who are co-creating our life plan prior to incarnation. What seemed appropriate for us then may not anymore be the best plan for our life.

Inviting your Higher Self to direct you without updating it on what you've been doing and what matters to you now is inviting chaos into your life.

The "you" who was helping co-create your life plan for this incarnation likely was comprised of more soul parts or "aspects" of you than what was included in this final result. The 'final result' is you, your personality that is here in your body reading this manual.

This means that there was no way to know if the life purpose, soul contract that was co-created would be the most ideal once you got here and lived a few years.

It probably was optimal until you gained enough spiritual maturity to start being sovereign over your own reality. At that point you gained creatorship privileges for your life here and started living in a way that was not already scripted.

This is why, to simply ask your higher self for help without updated it on the "new plan" is counterproductive for most people who are actively cocreating their lives now here on Earth.

I believe that your soul is a compilation of more parts of you than what is here in your body right now. But you, here in your body right now has the right to decide how you live your life. Your soul may have had certain goals for you to accomplish in this incarnation.

People who say that their higher self or soul knows better than them are giving away their power in my opinion. This is part of the secret of spiritual maturity. To gain the sovereignty to choose that you here gets to drive your life and that it will be in accord with Eternal Sacred Source, just not necessarily in accord with your original soul contract.

I believe that your soul has certain goals for you to accomplish in this life. I believe that your soul is just as satisfied with other experiences being lived instead. Generally is more about growth and gaining mastery of various abilities and compassion related understanding than it is about accomplishing a predetermined set of goals.

Old paradigms of what it took to learn lessons here in this reality did require certain goals to be reached in order to expand and grow spiritually. Now this reality is changing and so are the people within it.

I believe that we can learn and grow without having to go through various challenges and hardships in order to gain the wisdom and understanding.

This is a new freedom and one that I wish for you if you so desire it.

Be sure to call in the attunement that your teacher sent you prior to consciously activating the energies the first time.

The attunement is an education for your energy fields and all parts of who you are (even if you weren't aware of anything happening after saying the attunement call in statement)......and education about the energy system and a receipt of a key of privilege to activate these energies at will forever more by their name and strong desire to receive their assistance.

Most energy system's energies will follow your thought intent. That is to say that right after you activate the energy system, if you hold your attention to (even briefly) the topic for which you are activating the energy system, it will attend to that area of your life for you. Many energy systems, Shakti and other energy streams or rays will only stay active for as long as your attention remains upon the thought of wanting them to be flowing for you.

This is because this is a free will zone here on Earth and it is also important, spiritually for you to be sovereign in your spiritual life. This means that you are responsible for when you want the energies to assist you and must consciously reactivate them or hold your thought to the idea of wanting them working for you in order for them to be "on" for you. Many spiritual energies can do a lot in a short period of time.

Now spend a few minutes to invite your level 1 attunement for Higher Self Will Alignment.

Simply say, out loud or in your mind: "I ask to fully receive my Higher Self Will Alignment level 1 attunement as sent out by my teacher and made perfect by Eternal Sacred Source now!"

Think of a ball of light and energy above your head that opens up and streams down over your head for about 5-10 minutes.

Now you have the privilege of consciously activating this energy system. Say, audibly or in your mind with strong desire to receive:

"Higher Self Will Alignment Activate!"

### "Higher Self Will Alignment Activate!"

## "Higher Self Will Alignment Activate!"

Activate this energy system as often as you feel the need.

The need will usually be felt:

- When you make decisions
- When you have a descension (more of you arrive into your body)
  - When you answer the call to serve Source in a new way
  - When you observe something that changes your opinion
  - When you consciously upgrade your energy frequencies
    - When you activate spiritual codes of enlightenment
    - When you want to change your life or soul contract
  - When you seek to download wisdom from your higher self
- When you feel an internal pressure due to trying to make sense of life
  - When your require access to abilities you feel are your birthright
  - Hip, ankle, wrist, knee, shoulder, stomach or solar plexus aches
  - Any other time you want to verify that you are in sync with your higher self.

Alignment with your higher self can bring a great expansion of consciousness, joy and peace into your experience of life here on Earth.

# Higher Self Alignment Level 2: Divine Will Alignment

Now that you are gaining alignment with your Higher Self, I suggest that it is time to bring the highest levels of Eternal Sacred Source more deeply into your being here on Earth. Divine Will Alignment will help you be guided by Source's choice for you now.

Level 1 was about your sovereignty as a free will being here on Earth. Level 2 is about aligning your will with Divinity so that you are truly in accord with Eternal Sacred Source.

Many people speak of the higher self as automatically being in accord with Divinity so that if you follow its direction you are in alignment with Divinity. That may be true for some people, but it was not for me, because my higher self was following a previous set of instructions for my life plan.

Even a person's soul has free will and so is not necessarily always in accord with Divinity's will for you in each moment. I believe that your soul may have aspects of you which were not included in this incarnation.

Your higher self usually is comprised of all the soul parts that you have here in this personality but is still different than you here because of all that you have experienced thus far here in this life.

Your higher self was probably very determined to keep you on the path that was set forth prior to or at your incarnation. Now that your higher self and you are in accord, it is time to upgrade to align with Divine Will in each now moment.

I say in each now moment because of the fluid nature of time. What is appropriate in one moment may not be in another. You will still of course retain your free will even after you align with Divine Will.

Eternal Sacred Source/Divinity will take into consideration your sovereignty. This means that your free will choice to accomplish something or be of service in a particular area will likely be respected.

Eternal Sacred Source takes seriously your vows. Your pledges to be of service are sacred. This means that I advise you to be very careful about what you ask for in regards to being guided to provide service.

If there is a need, and you've already told Source that you are available to help, you will probably feel an inner push to go and do what is necessary.

In other words, Source will not take into consideration whether it is convenient for you or not. Please be aware that a vow to help others be they human, animal, bird, reptile, amphibian, plant or Earth is taken seriously.

This means that if you are doing something enjoyable, albeit not exactly on topic and you are needed by Source to stay on track to help others, you could start to feel bored or uninterested in your leisure activity.

That is the gentle message. The next stage for most people, if they ignore the gentle nudge is that they feel an internal pressure build if they persist at an activity that is not in Divine Will Alignment in that moment. It will become more and more physically uncomfortable to do or be anywhere that is not in Divine Will for you.

Divine Will Alignment is not only for helping others. So many people are doing exactly what they are supposed to be doing by holding a certain energy frequency and naturally broadcasting it. They may feel the internal nudge to stop doing other acts of service to focus more fully on being.

Joy and creativity are great generators of the types of energy frequency that Divinity wants here on Earth to assist humanity's enlightenment.

I have no idea what service will look like for you. I have no idea what projects will become important to you after you accept Divine Will Alignment. Often it will simply be a stronger urge to be more dedicated to those which you already felt a passion for. Divine Will Alignment can for other people urge them to be more relaxation oriented instead of project driven.

Divine Will Alignment for me has fine-tuned my sense of what is for me to do in each now moment. I make the general plan for the day, and then, by clarifying what is most important for me within that plan, Divinity will assist to keep me on track. Less getting sidetracked happens. If there is an emergency somewhere on Earth or even another reality that requires my attention, I will feel an internal need to put myself into service in Spirit.

For me that means to go and recline or lie down and ask where my attention is needed. I will then link up with Eternal Sacred Source and channel the highest level of organic living light and love energy that is there to flow.

At other times I need to go deep into meditation and move my consciousness to other places to provide transport for spiritual beings between realities. That is my service, bridging and transport as well as holding sacred space so that those in person at those locations of disaster can more easily rescue or do their healing work.

I reveal this to give only one example of how any one of us can be of service without leaving our home in a deep and beneficial way to beings anywhere.

Please never feel like you have nothing to do. Everyone can be of help to life forms here on Earth and beyond. Divinity is not limited by time or space. It doesn't matter whether you know what you are doing or not. It doesn't matter whether you can see in your mind's eye what is happening.

You don't have to know where you are helping or who or what type of situation. This is why prayer is so effective. It doesn't matter whether you are skilled in Shamanic journeying or reiki or other forms of alternative healing. What matters is that you, a free will being here on Earth are asking to align your will with the Will of Divinity. From there you are given the sacred responsibility and privilege of being a link from Eternal Sacred Source into this reality in a new and powerful way.

This reality can feel so far away from God, Goddess, Source, whatever word you use for a Higher Intelligent Power or Creator. In truth, sometimes it is difficult to break through the boundaries of this reality to connect in a feeling way with Source. That is where faith comes in to sustain us.

In regards to Divine Will Alignment, I will say that it requires you to operate at the level in which you have already attained. If you pray, that will be sufficient to be of service to others anywhere and 'anywhen' they are.

If you know Reiki or other healing modalities you will be expected to use your abilities to help when others are in need. If you know how to "journey" to other realms in a conscious way, that skill will probably be utilized by Eternal Sacred Source when you are called into service.

There are still times when you will need to exercise your sovereign free will to say NO. That is to say, not right now, my body needs rest. Or not right now I am enjoying this sunset. Or not right now, I have obligations here in this reality which must be met in order to pay my bills and keep a roof over my head and food in my body.

In those times of saying NO to Divinity, you are probably respected more for it so long as you do set aside time to put yourself into service. There will be times when you are just enjoying a hobby or doing something that really does not have to be done right now, that you feel that inner urge to go pray or send energy. Please follow those urges so that the times when you do say a firm NO it is more highly respected by Divinity.

Furthermore, when you say NO to Source please send out a Clarion Call to other light workers to respond. That is as simple as saying: "There is a need, I am not available right now, volunteers requested!"

When you do accept that urge to help others, even if you don't know where the help is needed, you could say: "I am here, I am put myself into the service of Eternal Organic Living Sacred Source in compassion and love."

Then, according to your skill level, do what is for you to do. This is of course if we are talking about being of service in your room, in a place that is not where the disaster is happening or need has arisen.

If a need has arisen that you are aware of, for example, in your community. Then you will, if you are able, go and help in a physical way. Helping someone with housework who has been injured and can't. Maybe helping to cut wood for the winter for a family whose adults aren't able to do so. The examples could be endless.

In your own home...when you answer the call to service, if you already know how to prepare a session for someone at a distance, you could do that and ask the Angels to take it and release it to those in need.

There are so many ways to be of help. When you think of the Hon-Sha-Ze-Sho-Nen long distance and through time and space symbol of Reiki it may motivate you to feel more helpful. There is no need to feel helpless when we hear of something bad happening. Prayer is effective. Just remember to do that which you are able and to work at the level in which you are trained.

When you put yourself into service for Eternal Sacred Source you are giving help to the Angels too. They are trying to work in this reality. You, as a person in a body in this reality have a special right to be able to call forth assistance from beyond this reality to enter into this reality and effect change within it. This is very important and the biggest reason why the angels need us to pray and ask them to help here on Earth.

There are certain circumstances in which they are able to help already. There are other situations in which they can do nothing until someone in a body here on Earth prays and asks them to intervene and assist. Did you know you have certain rights just by being in a body here on Earth?

There are times when, going into service means doing the most pleasurable thing and channeling that energy to Source to deliver to someone who is sad, in pain or otherwise dealing with a disaster.

If you, like I love activating spiritual energies, then that might be the highest level of service in that moment. Be it the spiritual energy of a plant or mineral being or angel or animal or bird, or energy ray. Activate the energy and lift it us as an offering for Source and the Angels to take and deliver. Worry not, their carrying of the energies to others will not diminish what you feel. On the contrary, the energies you activate will only expand and feel even better. At least that is the way I experience it!

And then there are times when you are called into service and need to use your intuition and clarity to call for very specific assistance and activate very appropriate energies. Be prepared, at those times, if you are clairvoyant or clairsentient, or clairaudient or empathic to feel, see, hear or otherwise be aware of some very intense information for whom and where you are sending the energies. Be sure to fully disconnect after such a session, from the recipients.

They may unconsciously have reached to you as a lifeline (instead of directly to Eternal Sacred Source) and you don't want to be drained. Probably such a person would not consciously do such a thing, but in emergency situations, even their body will reach for any consolation and sustenance. You, the sender of such, even though the energies do not originate in you, could be seen as provider and lifeline.

If you already provide such assistance to Source, this energy function will probably just fine tune it. It may even bring your attention to areas that you are working too hard. There may be times when just a thought with strong intention is sufficient to move mountains rather than shovels and backhoes.

Divine Will Alignment is not a required level of this energy system to accept unless you do want to pass attunements to this energy system. Then you will need to accept level 2 in order to pass an attunement to even level 1. You will also need to already be a Reiki or Seichim Master Teacher in order for level 2 to confer upon you the ability to pass attunements to this system onward to others.

Simply say, out loud or in your mind: "I ask to fully receive my Divine Will Alignment attunement as sent out by my teacher and made perfect by Eternal Sacred Source now!"

Reactivate this energy function regularly to reinforce your commitment to Divinity and to invite your will to align with Divine Will by saying:

"Divine Will Alignment Activate!"

"Divine Will Alignment Activate!"

"Divine Will Alignment Activate!"

### Activating this energy system for other people:

As a Reiki or Seichim Master you already skilled in sending energies long distance. I would advise that you activate rather than channel the first level of this energy system for other people. If at all possible, advise your student to receive the attunement rather than activating Higher Self Will Alignment for them.

It is not advised for you activate Divine Will Alignment for anyone. If they are serious about receiving access to this energy function, please provide an attunement for them to consciously call in for themselves. This energy function can change a person's perception of reality and interaction with Divinity very much. It is important that such a request be very conscious.

## Sending attunements of this energy system to your students:

Pray, asking your energy team and your helping healing guardians in the Light of Eternal Sacred Source, to provide you with a Sphere of Light to hold the attunements within. It doesn't matter if you can see it or not. It doesn't matter if you can perceive it or not.

Trust that the Sphere of Light is there and ready to carry these attunement energies to your student. Mentally clarify if you are sending Master level or

personal use only attunements to this student. Activate Higher Self Will Alignment and Divine Will Alignment.

Ask all of your helping healing ones in the Light of Eternal Sacred Source to send level 1 and 2 attunements of Higher Self Will Alignment for (name of student) into the Sphere of Eternal Light.

Ask that it be securely protected by that person's guardians in the Light of Eternal Sacred Source until the person calls it in. Intend that their attunements release perfectly to them at that time. And so it is complete!

Now notify your student that their Higher Self Will Alignment attunement is ready to be 'called in' for and tell them to relax and spend a few minutes receiving it. Be sure to send them the appropriate manual and tell them to follow the instructions for receiving their level1 and 2 attunements.

Three days wait between levels is recommended but not essential if the teacher and student deem it appropriate to receive both in the same day.

Higher Self Will Alignment™ is an original energy system channeled by Rev. Mariah Windsong Napieralski Couture

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Please don't post this manual on any public sites. Send directly to your students.

#### Other Mariah Windsong energy systems:

Acupressure Therapy Adrenal Care Shakti

After Care (for after any experience be it positive or negative and after therapy sessions)

Agrimony Shakti

Ajna Lense (for your 3rd eye)

Alabaster Caverns Empowerment (spiritual energy of several forms of Alabaster)

Alcohol By-Product Metabolizer

Amplified Tachyon Mirror Body Deflector (for energy protection)

Angelic Elemental Templates (for doing sessions, personal healing or attunements)

Angelic Elim (for arts and music creativity)

Angelic Erelim (for personal interactions)

Angelic Ishim (for guardian angel connections)

Angelic Ophanim (for asking serious questions of Divinity)

Angelic Sealtiel Empowerment (for intercession)

Arch Angel Michael Alignment (for spiritual protection, insight and power)

Ascension Symptoms Flush

Ascension Vibration

Astral Body Radiance 2012

Augustus Empowerment (for power of persuasion)

Azure Shakti (for connection with your soul)

Back Care

Bandicoot Berry Plant Empowerment w/ Leea Indica Cancer Inhibitor

Barberry Plant Empowerment (for spiritual insight)

Barley Green Elixir

Bio Life

Bio Life Fuel

Bio Life Kundalini

Bio Life Spiritual Awakening

Bio Life Sphere and Bio Life Elixir

Bizarre Beliefs Bouncer

Blood Care (genetic malady remover)

Body Care ~ for the spaces between your cells!

Bone Care

Calla Lily Deva (incubator for ideas and destroyer of the old)

Cedar Smudge (for sacred cleansing of spaces)

Chaos Flush

Chiropractic Care

Circuitry Resonance 4th Eye Activation

Chroma color Firebody (spiritual codes for enlightenment)

Clairsentient Awakening

Connective Tissue Service

Copper Elemental Spirit Empowerment (for Electronic Pollution Protection)

Craniosacral Care

Credit and Currency Empowerment (to have a better relationship with money)

Crossing Over Brigade (for helping people before and shortly after death)

Crystal Being Therapy (receive help from the spiritual energy of silicate minerals)

Da'at Void of Potential Awakening (harness emotional power for manifesting)

Depression Eclipse

Descension Integration (for when more of you arrives from your soul and needs integration here)

Digestive Care

Diltiazem Essence (for when you forget your heart meds to relieve chest pain or palpitations)

Disappointment Flush with Hope Empowerment

Divine Provision Reiki 1-3 (intensive Financial Influx Service)

Dream Scenario Clearance

**Dream Work Completion** 

Drop-in Care (for when you find yourself in someone else's body in a night dream)

Earth Soul Anointing (feel the presence of Earth's Soul and receive Anointing)

**Efficiency Empowerment** 

Efficient Memory Shakti

Eight Fold Noble Path Activation

**Ekam Consciousness** 

Elder Care

Elemental Spirit Whisperer (learn to communicate with the elemental spirits)

Elohim of Emanation Empowerment

Emotional Care (for when others gossip and you need to regain your emotional health)
Epsilon Aurigae Empowerment (a star whose energy helps you turn up or down your light!)
Epsilon Ident Chamber (to help you energetically receive what you need while here on Earth)

**Eternal Cosmic Christ** 

Eternally Exalted Sexuality 2011

Eternal Trikaya

Exhaust Fumes Detoxifier Shakti

Eve Care

Etheric Hand Awakening (do energy healing work with more than just your two hands!)

Excess Fat Care with Toxin Escort Shakti

Family Care

Feline Love

Flicker Empowerment

Financial Fear Flush

Flow Care of the Lymphatic Care Systems

Fluorite Cluster Empowerment (mental balm)

Foot Care

Force Factor Five Fear Flush

Forgiveness Freedom Rays

Four Fold Circle Security 2011

Fractal Reiki Levels 1-3 (with Fractal Delivery Template to activate several energy systems)

Future Reality, Background Matrix Synergy

Full Presence (to return completely and safely from your night dreams in the morning)

Ganesha Anointing (to assist to overcome obstacles and gain success in business)

Goddess Fortuna Empowerment

Grace Purity Rapture Elohim

Guan Yin Meridian Care

Hand Care 2011

Harmony Mercy Peace

Head Care with Herkimer Diamond Shakti and Head Chakras Balance

Heartache Healer

Heart Care with Valve and Vessel Care

Heart Root Chakra Synergy

Higher Self Will Alignment

Histamine Blocker Field with Particulate Screen

Holograph Brain Root Flush

Hope Faith Love Elohim

Hormone Care

Hydrostatic Pressure Adjustment

Hydrostatic Regeneration Chamber

I Ching Prosperity Alignment

Illusion Buster Shakti

Image Impact Intensity Reducer

Important Information Identifier

Impulse Control Activation with Habit Breaker Empowerment and New Frontiers Explorer

Inadequacy Flush

Infection Inhibitor Field

Inflammation Reduction Ray

Injustice Flush

Inner Body Protector

Inner Truth Reiki

Intelligence Awakening

Intention Increase

Inter-Dimensional Medical Team

Inter-Dimensional Relaxation Chamber

Joint Care

Kidneys and Bladder Care

Kundalini Awakening

Kundalini Omega Minus Function Activations Levels 1-5

Labradorite Sphere (headache relief)

Lattice Bridge 2011 Revised (for long distance energy work safely)

LaVa Reiki

Lavandula Officinalis Attunement

Lavender Rose Reiki Attunement Affirmation

Leyline Bio Life Symmetry

Liberty Alpha-Omega Victory Elohim

Life Light

Light Concentration Increase Rays

Liquid Love

Liver Care

Llama Empowerment

Love Gratitude Octave

Loyalty Empowerment

Lunar Balance (to help keep your balance during all phases of the moon)

Lung Care

Media Influence Flush

Medication By-product Remover

Mental Care

Morning Care

Mountain Laurel Deva Empowerment 2010

Moxibustion Therapy

Murder Witness Recovery with Peaceful Inner Mental Landscape Trust Empowerment

My Eternal Love

My Power Mastery

My Relaxation Chamber

My Way Home

Nadi Care

Nerve Care

Nickel Body Protector with Ethereal Taenite

**Opulent Living Empowerment** 

**Orchid Empowerment** 

Pancreas Care

Parental Pattern Flush

Pearlized Silver Seichim levels 1-3

Personal Imprint Remover

Pelvic Basket Shakti Set

Personal Imprint Removal

Petroglyph Key Awakening

Phase Shift Body

Pregnancy Care

**Prolific Sales Activation** 

Proper Perspective Empowerment

Prostate Care

Punishment Flush

**Purchase Attraction Rays** 

Pure Perpetual Potency (raising your energy by numbers)

Purity Wave

Quartz Crystal Archive Key Awakening

Radium Chakra Protector

Rainwater Tea Essence

Random Increasing Numerical Generator Shield Overlay (RINGO)

Redemption Incarnate

Relationship Care

Relaxation Chamber

Replenishing Shakti

Resentment Flush

River Sleep

Root Chakra Re-Alignment

Sandals Empowerment

Self Knowledge Rays with Self Acceptance Rays

Sephiroth Care

Sexual Imprint Flush

**Shaman Care Session** 

Sheen Obsidian Shakti

Silicate Crystal Care

Sinus Care with Beryl Spectrum Ray

Skin Care

Slate Shakti (for your lower self)

Snow Spirits Empowerment

Social Outcast Reversal

Soul Care Levels 1-5

Soul Detachment with Glorious Reorganization and Soul Elixir

Soul Lineage Genetic Integration

Sovereignty Empowerment

Sphagnum Moss Gifts

Spinal Care

Spiritual Course Composition Initiation

Spirulina Spectrum Ray

Strategic Skills Empowerment 1-2

Strength Movers of the Light Card Deck System

Subconscious Healing Shakti

Subtle Body Care

Synapse Care

Synergy Within Empowerment (for gender balance)

Telepathy Gene Awakening

Thought Progression Adjustment Shakti

Three Fold Circle Security

Thymus Heart Activation

TMJ Care

**Toning Vibration** 

Tooth Care

Tornado Tension Tamer

Tourmaline Spectrum Ray

Trager Team

Trauma Care

Triple Warmer Meridian Care (for using your energy to manifest what you want)

Twin Care

Virility Care

Virtual Massage Empowerment (Ethereal Hands Awakening pre-requisite)

Virus Inhibitor Field

Vocal Cord Care

Wing Care

Womb Care with Cramp Pain Release

Worry Flush

Wound Healer Reiki Levels 1-3

Written Intention Reversal

Yellow Dock Plant Empowerment

YodHehVodHeh - 15 Permutations of the YHVH Mantra for manifesting

Yungang Grottoes Empowerment (incredible for inner peace and finding your life purpose)

Ze'Or Continuum Empowerment